2027 Honor Code & Standards of Conduct

Our Purpose

At American Heritage School, our mission is to help students develop their hearts, minds, and bodies and realize their divine potential.

The AHS Youth Retreat is an opportunity to strengthen your faith in Jesus Christ, build friendships, have fun, and grow together.

President Russell M. Nelson taught that the Lord needs us to **“look like, sound like, act like, and dress like a true disciple of Jesus Christ.”**

Our Honor Code helps us put this invitation into practice through four simple principles: **kindness and respect, modesty and self-respect, responsible technology use, and good stewardship.**

We don't expect perfection. We simply ask that you do your best to follow Jesus Christ, make good choices, and help create a retreat where everyone feels welcome, respected, and valued.

1. Behavior - Be Kind, Be Respectful

We are all children of God, and everyone deserves to be treated with kindness and respect. The way we speak and act should reflect the example of Jesus Christ.

During the retreat, please:

- **Be kind and inclusive.** Welcome others, make new friends, and look for opportunities to encourage those around you.
- **Use respectful language.** Avoid profanity, vulgarity, offensive jokes, and inappropriate conversations.
- **No bullying or gossip.** Teasing, harassment, spreading rumors, intentionally excluding others, or making someone feel unwelcome is not acceptable.
- **Respect boundaries.** Be considerate of others’ personal space, privacy, and belongings.
- **Be honest and responsible.** Take ownership of your choices and show good sportsmanship.
- **Follow directions.** Listen to retreat leaders, counselors, and volunteers, especially when it comes to safety.

Look for opportunities to lift others up and help everyone feel they belong!

2. Dress & Appearance - Respect for Ourselves and Others

Our bodies are sacred gifts from God, and the way we dress is one way we can show respect for ourselves and others.

As taught in For the Strength of Youth, we encourage you to make choices that reflect your divine worth and help you feel comfortable, confident, and ready to participate.

During the retreat, please:

- Dress modestly and appropriately for all activities, including swimming.
- Wear clothing that is comfortable and suitable for each activity.
- Avoid clothing with inappropriate language, images, or messages.
- Follow the specific dress and swimwear guidelines in the **AHS Youth Retreat Packing List**.

Retreat leaders may ask you to change if your clothing does not meet these guidelines.

Please review the packing list before the retreat so you can come prepared!

3. Technology - Be Present, Make Connections

We want the Youth Retreat to be a **technology-light experience** where you can disconnect from digital distractions and focus on friendships, fun, learning, and faith.

You are welcome to use your phone during retreat hours for:

- Communicating with parents, counselors, roommates, or host families.
- Taking photos and videos to capture memories.
- Taking notes during speakers and activities.

All other phone use is prohibited during retreat hours, unless specifically directed by a speaker or counselor. This includes social media, internet browsing, games, streaming, and other entertainment.

Please respect others' privacy when taking photos or videos, and put your phone away when asked by retreat leaders.

Be present! Some of the best memories happen when we're looking up instead of down at our screens.

4. Stewardship - Leave It Better Than You Found It

Stewardship means taking responsibility for the care and cleanliness of the places and resources we've been given.

Many people have generously shared their time, talents, and resources to make this retreat possible. We show our gratitude by taking good care of the school and everything around us.

During the retreat, please:

- **Clean up after yourself** in classrooms, dining areas, restrooms, and activity spaces.
- **Pick up trash** when you see it, even if it isn't yours.
- **Keep bathrooms clean.** Wipe down counters and clean up any messes before leaving.
- **Eat and drink only in designated areas.** Water bottles are welcome throughout the school.
- **Respect property.** Take care of furniture, equipment, supplies, and others' belongings.
- **Show gratitude.** Be respectful and appreciative of the staff, volunteers, and families who make the retreat possible.

Vandalism or intentional damage to property will result in immediate dismissal from the retreat.

Leave every place a little better than you found it!

5. Accountability - Your Choices Matter

We want everyone to have a wonderful retreat experience! Following the Honor Code helps make that possible.

If problems arise, retreat leaders may provide reminders, contact parents, limit participation in activities, or dismiss a participant from the retreat, depending on the situation.

Serious misconduct, including vandalism, bullying, harassment, or behavior that puts others at risk, may result in immediate dismissal.

If a youth is dismissed or cannot continue participating, a parent or guardian will be responsible for arranging prompt pickup.

Remember, making mistakes is part of learning. What matters is taking responsibility, making things right, and choosing to do better.

Student Commitment

I have read and understand the AHS Youth Retreat Honor Code. I will do my best to:

- Treat others with kindness and respect.
- Dress appropriately and follow the retreat packing guidelines.
- Use technology responsibly and stay engaged.
- Care for the facilities and resources entrusted to us.
- Follow the directions of retreat leaders and counselors.

I understand that my choices matter and that failure to follow these standards may result in dismissal from the retreat.

Parent/Guardian Commitment

I have reviewed the AHS Youth Retreat Honor Code with my youth and will support them in following these expectations.

I understand that serious violations may result in dismissal and that I am responsible for arranging pickup if necessary.

Required Registration Acknowledgment

☐ **I confirm that my youth and I have reviewed and agree to follow the 2027 AHS Youth Retreat Honor Code & Standards of Conduct.** I understand that failure to comply may result in dismissal from the retreat.