

2024-25 Course Summaries

Character Core: Science, History, Literature, Health

The Micro School "Character Core" courses for the 2024–25 Micro School year are Science, History, Literature & Health. These courses, together with the newly added "Micro Masters" courses are coach-led Monday–Thursday on a 2-week rotation within their Micro School class. Each unit of each course includes a step-by-step, application-based, unit project that students complete independently, or together if working within a local, in-person Micro School.

Science Zoology

Students explore the great diversity among animal life on Earth, from tiny insects to massive whales. Students learn about the differences and similarities between vertebrates and invertebrates, the divine design of animals and animal adaptations that have occurred to help them thrive, and some aspects of a bird's life. Students investigate habitats and biomes, learning about the variety of living conditions that exist on Earth and the essential components for animal life.

Literature Strengthening Character

Throughout this course students learn how people become stronger through their experiences, challenges, joys, and decisions. In Shakespeare's *The Merchant of Venice* they will discover the strengthening power of love, mercy, and forgiveness. The biography *Carry on, Mr. Bowditch* introduces them to Nathaniel Bowditch, a self-taught mathematician, ship's captain, and Christlike man. Good literature inspires students to be and become "more useful in the Hands of God in building the Kingdom of God on Earth."

History Restoration, Expansion, Civil War

Beginning with the Restoration of the Gospel of Jesus Christ, students learn about the life and character of Joseph Smith from his childhood to his martyrdom. Then they move on to the Industrial Revolution and the expansion of the United States as explorers and pioneers moved West. Students learn how the spirit of freedom led to the Civil War and the end of slavery in the United States and how freedom in the United States led many people to immigrate to the United States.

Health (Part 1) Mental & Physical Health

Health (Part 1) focuses on healthy mental, emotional, and physical practices. During unit 1, students learn about mental and emotional health. They learn practical skills, including stress management techniques and healthy habits. In unit 2, they explore first aid and safety, as well as substance abuse and what substances can be addictive. Students learn to recognize peer pressure and identify methods for standing strong. Finally, they will learn about nutrition and how it affects their physical and emotional health.



I Love Language

Based on decades of research-based, nationally ranked Virginia State Standards, *I Love Language* provides students with a comprehensive reading and writing program designed to help students become skilled writers and effective readers. Students study Greek and Latin root words, in addition to their reading and writing practice. This course has a suggested calendar, but students can complete lessons at their own speed. All levels (6-8) are available to students, allowing them to move at their own pace while receiving support from our writing tutors during labs offered each week only to Micro School students.

I Master Math

Similar to *I Love Language, I Master Math* was built using the backbone of the proven Virginia State Standards. Students learn math concepts through exploration and practice within five learning domains, including number and number sense, computation and estimation, measurement and geometry, probability and statistics, and algebraic thinking. Likewise, this course is self-paced, allowing students to progress at their own pace and on the schedule that parents determine is best. Importantly, as named, *I Master Math* is also mastery based. Students unlock the next lesson only after completing a lesson's post-lesson assessment with a score of 90% or higher. Advancing without learning gaps is a core objective of *I Master Math*.

Micro Masters Skills Courses

Also new for 2024-25 is the "Micro Masters" skills course offering! These elective mini-skill courses introduce students to skills that *they* are interested in and/or need to develop (see list below). Each course is comprised of one 8-lesson experience, and students will have the opportunity to choose from the Micro Masters library four times throughout the year (once per term). During each of these four Micro Masters two-week sessions, students gather with a new class for their daily Micro School class to learn with other students who have chosen the same course. Similar to all Character core courses (above), students complete an application-based project, step=by-step throughout the two-weeks. By the end of the course, students have learned and practiced a new skill that may become the beginning of a new life journey, and in many cases, an essential life skill that improves living and learning indefinitely!

- A Taste of French Cuisine: Introduction to French Cooking
- App Adventures: Introduction to Mobile App Development
- Artastic: Introduction to the World of Drawing and Color Theory
- Digital Design Discovery: Introduction to Digital Design
- Disasters & Emergencies: Preparedness, Prevention, and Response
- How to Train Like an Athlete: Introduction to Performance Training
- Kickstarting Your Beat Journey: Introduction to Drums
- Light and Lens: Introduction to Photography
- Lights, Camera, Edit: Introduction to Video Editing
- Motion Magic: Introduction to Animation
- Time Warriors: Conquering Time Management



2024-25 ACADEMIC CALENDAR

AUGUST									
WEEK	Mon	Tues	Wed	Thurs	Fri				
			/	1	2				
	5	6	7	18	19				
	12	13	14	15	16				
	12	13	14	15	16				
	10	20	21	22	22				
	19	20	7.1		23				
	26	27	28	29	30				
SEPTEMBER									
WEEK	Mon	Tues	Wed	Thurs	Fri				
WEEK	2	3	4	5	6				
0	LABOR DAY		I	OUNDATIONS WEEL	K				
WEEK	9	10	11	12	13				
1 WEEK	Science 16	Science	Science	Science					
WEEK 2		17	18	19	20				
WEEK	Science 23	Science 24	Science 25	Science 26	27				
3	History	History	History	History					
WEEK	30	пізсої у	HISLULY	пізсої у					
4	History								
OCTOBER									
WEEK	Mon	Tues	Wed	Thurs	Fri				
		1	2	3	4				
(4)		History	History	History					
WEEK	7	8	9	10	11				
5	Literature	Literature	Literature	Literature					
WEEK	14	15	16	17	18				
6	Literature	Literature	Literature	Literature	25				
	21 22 23 24 25								
WEEK	FALL BREAK 28 29 30 31								
7	Skills	Skills	Skills	Skills					
			VEMBER						
WEEK	Mon	Tues	Wed	Thurs	Fri				
WEEK		1400		111415	1				
(7)									
WEEK	4	5	6	7	8				
8	Skills	Skills	Skills	Skills					
WEEK	11	12	13	14	15				
9 WEEK	Science 18	Science 19	Science 20	Science 21					
10					22				
10	Science 25	Science 26	Science 27	Science 28	29				
	23		ANKSGIVING BREAK	20	23				
WEEK 1	Mon	DE	CEMBER	Thurs	Fri				
WEEK WEEK	Mon 2	DE Tues	CEMBER Wed	Thurs 5	Fri 6				
WEEK 11	2 History	Tues 3	CEMBER Wed 4	5 History	6				
WEEK 11 WEEK		DE Tues	CEMBER Wed	Thurs 5 History 12					
WEEK 11	2 History 9 History	Tues 3 History 10 History	Wed 4 History 11 History	5 History 12 History	6				
WEEK 11 WEEK	2 History 9	Tues 3 History 10	Wed 4 History 11	5 History 12	6				
WEEK 11 WEEK	2 History 9 History 16	Tues 3 History 10 History 17	Wed 4 History 11 History 18	5 History 12 History 19	6 13 20				
WEEK 11 WEEK	2 History 9 History	Tues 3 History 10 History 17	Wed 4 History 11 History 25	5 History 12 History	6				
WEEK 11 WEEK	2 History 9 History 16	Tues 3 History 10 History 17	Wed 4 History 11 History 18	5 History 12 History 19	6 13 20				

JANUARY										
WEEK	Mon	Tues	Wed	Thurs	Fri					
			1	2	3					
	CHRISTMAS BREAK									
WEEK	6	7	8	9	10					
13	Literature	Literature	Literature	Literature						
WEEK	13	14	15	16	17					
14	Literature	Literature	Literature	Literature						
WEEK	20	21	22	23	24					
15	MLK JR. DAY	Skills	Skills	Skills	Skills					
WEEK	27	28	29	30	31					
16	Skills	Skills	Skills	Skills	~-					
	FEBRUARY									
WEEK	Mon	Tues	Wed	Thurs	Fri					
WEEK	3	4	5	6	7					
17	_	·	-	_	/					
WEEK	Science	Science 11	Science 12	Science 13	4.4					
18	10	Science	Science	Science	14					
WEEK	Science 17				24					
19	PRESIDENT'S DAY	18 19 20 21								
WEEK	24									
20			26	27	28					
20	History	History	History	History						
			MARCH							
WEEK	Mon	Tues	Wed	Thurs	Fri					
WEEK	3	4	5	6	7					
21	History	History	History	History						
WEEK	10	11	12	13	14					
22	Health	Health	Health	Health						
WEEK	17	18	19	20	21					
23	Health	Health	Health	Health						
WEEK	24	25	26	27	28					
24	Skills	Skills	Skills	Skills						
	31									
	SPRING BREAK									
			APRIL							
WEEK	Mon	Tues	Wed	Thurs	Fri					
		1	2	3	4					
			SPRING BREAK							
WEEK	7	8	9	10	11					
25	Skills	Skills	Skills	Skills						
WEEK	14	15	16	17	18					
26	Science	Science	Science	Science						
WEEK	21	22	23	24	25					
27	Science	Science	Science	Science						
WEEK	28	29	30							
28	History	History	History							
			MAY							
WEEK	Mon	Tues	Wed	Thurs	Fri					
VVLLK	IVIOII	iues	vvcu	1	2					
(28)				History	_					
WEEK	5	6	7	8	9					
29	-				l					
WEEK	History 12	History 13	History 14	History 15	16					
30	Health	Health	Health	Health						
WEEK	19	20	21	22	23					
31	Health	Health	Health							
WEEK	26	27	28	Health 29	30					
32	- 50		- 50	- 5	- 33					
34	_	_	_		_					

First day of school: 3-Sep-2024 Last day of school: 29-May-2025 Foundations Week
Vacations & Breaks