

2023-24 Course Summaries

Core: Geography, History, Science, Literature (Levels 1-3)

The LiftEd Core consists of four courses: Geography, History, Science, and Literature. Literature is taught weekly, while the others rotate in 2-4 week units throughout the year. Daily virtual gatherings may be added, or families may hold daily gatherings using the Gathering Guide provided.

Geography *Europe*

Together, we'll experience the grand cultures and rich history of this continent. As we study and learn, we will imagine hearing the bells of Westminster Abbey, crossing the Blue Danube, hiking through the Alps, and visiting the homeland of Columbus!

We will use mathematical, physical, and political geography to learn more about the world in general and then specifically about the geography of Europe. As we take this journey, the world will come alive, and the continent of Europe will feel closer than ever. We will come to appreciate the diversity of the cultures of the earth and develop greater love and understanding for your brothers and sisters living across the globe.

History *The New World is Settled*

Nephi's vision of the providential history of America prepares us for the events that led to the settling of the New World. We'll encounter Marco Polo, Columbus, and other navigators and learn how God influenced them to accomplish His work.

We will see how the trials of the Black Plague and the Crusades led to inventions and ideas that made exploration possible, and how the Spirit of the Lord influenced people like the Waldensians and Tyndale to translate the scriptures into the language of the common man. We will meet influential men with great vision—William Bradford, John Smith, Roger Williams, and William Penn—who courageously led others to the New World.

Science *Astronomy · Cytology*

Astronomy is the study of all that exists in space. In this course we explore the beauty and wonder of God's creations in the universe, including our own planet. We will recognize that God is a God of order and that the solar system moves in a very regular, consistent pattern. We will learn about stars, planets moons, and our magnificent earth.

Cytology is the study of cells, the basic unit of life. We will learn about both plant and animal cells, gaining an understanding of the microscopic contents of cells and how those elements work together to promote life. We will recognize God's hand as we see the perfect organization of the cell, including each connected and essential organelle.

Literature *Adversity and Blessings*

Together, we'll learn from characters who overcome adversity and obtain blessings. In Shakespeare's *The Tempest*, Prospero and his daughter must overcome banishment and bitterness in the midst a mighty storm on a magic island. Then Jesus's parables and the poetry of Robert Frost will help us explore themes of choice and blessing.

We will spend time with Hans and Gretel Brinker, children living in poor circumstances but who have great integrity, and we will see their choices bringing them happiness and blessings. Finally, we will meet Amos Fortune, a slave captured in Africa, who earns his freedom then helps others become free.

Impact (Level 3)

This Level 3 course is a call for youth to engage their innate gifts, refine their talents, and employ them to bless humanity. It is comprised of three 10-11-week experiences: Inner Victory, Applied Research, and Entrepreneurship. Each week, students complete LiftEd Explore lessons Monday – Wednesday. All students are invited to attend weekly gatherings online each Thursday at 12:00 or 1:00 pm MT. Alternatively, families or groups can hold their own weekly gatherings in person using the Gathering Guide provided.

Inner Victory (11 weeks)

Developing practices of introspection and purposeful living, students identify who they are, who they would like to become, and what they need to get there.

Learning to discern and employ the laws and arts of a steadfast life, they carefully articulate a written Personal Life Creed. This becomes a tool to orient them in a daily practice of reflection and improvement.

This course has inspired thousands of young adults, from BYU-Idaho to developing nations around the world. Now, through a partnership with the course's creator David Christensen, LiftEd is bringing this course to youth for the very first time.

Applied Research (11 weeks)

In this hands-on, production-based learning experience, students cultivate real-world knowledge and skill as they carry out authentic research for a local client of their choice.

Each week students learn and act to complete one component of their project. They learn to approach and interview a client to uncover exactly what kind of data is needed and formulate a precise research question; design the research needed to answer the question; collect the needed data using appropriate methodology; record and analyze the data using basic statistical operations; communicate their findings in writing; and personally present the results to the client in a formal presentation.

Each learner will be an active agent as they integrate writing, psychology, basic statistics, and public speaking to produce a research portfolio and report of genuine value to the client.

Entrepreneurship (10 weeks)

Combining the personal development and skills gained in Inner Victory and Applied Research, students now learn through the experience of creating and running a small business for ten weeks.

Students learn fundamental business skills as they identify a genuine need that people around them experience, formulate a realistic solution that they can feasibly provide, and implement a viable business model that provides enough revenue to cover expenses and allow them to expand. Students report their business plan and results in a detailed, formal portfolio.

Through entrepreneurship, students learn that they can bless the lives of others not only through service, but by refining their innate gifts and talents to create value for others. They learn that the best ideas come through diligent, inspired, iterative refinement rather than through a lucky stroke of genius.

Week	Day	Lesson date	Course	Unit	Title	Academic Concept	Faith Connection
1	Monday	8/21/2023	Foundations	Foundations	Foundations 1	Each LiftEd student is a part of American Heritage School Worldwide. This year we will study History, Geography, Literature and Science. The American Heritage Mission Statement helps us know how to think about learning. The purpose of learning is to transform and become better than we are right now.	Learning makes us more useful to God in building His kingdom on earth.
1	Tuesday	8/22/2023	Foundations	Foundations	Foundations 2	You get to decide who you will be, and that includes deciding what kind of learner you want to be. We will learn using the 4-R pattern – Research, Reason, Relate, and Record.	Simple actions help us gain spiritual momentum to become who we want to be – including the kind of learner we want to be.
1	Wednesday	8/23/2023	Foundations	Foundations	Foundations 3	Everything about how we show up and engage with others affects how we learn and who we become. Notebooking transforms and deepens what we can see, what we learn, and what we remember.	Integrity means being whole – every part of us pulling in the same direction. Doing the right thing impacts our Spirit for good, even if no one is watching.
1	Thursday	8/24/2023	Geography	Foundations of European Geography	Foundation of Geography: Earth Where We Dwell	The study of geography can be separated into three main categories: mathematical, physical, and political.	The earth is an important part of Heavenly Father’s divine plan.
2	Monday	8/28/2023	Literature	Shakespeare’s <i>The Tempest</i>	Our Words Betray Us	William Shakespeare wrote 38 plays. <i>The Tempest</i> is a romance, a type of comedy. In the first scene of the play, the words of four of the main characters reveal their internal character traits.	The words we say and how we say them reveal our internal character traits.
2	Tuesday	8/29/2023	Geography	Foundations of European Geography	Mathematical Foundation: The Universe	We can use “light-years” to measure distances in the universe.	God is the creator of “worlds without number”
2	Wednesday	8/30/2023	Geography	Foundations of European Geography	Mathematical Europe: “Improve the Shining Moments”	We can use mathematical terms to locate the continent of Europe. The Prime Meridian is the meridian from which all time on earth is determined. It passes through Europe.	Time is a gift from the Lord and should be used wisely.
2	Thursday	8/31/2023	Geography	Foundations of European Geography	Mathematical Individual Report: My Sphere	A “geometric sphere” is a solid body, under one surface, in which every part of the surface is the same distance from the center. European countries have a wide sphere of influence.	We can bless the lives of those within our “sphere of influence” and draw others into it.
3	Monday	9/4/2023	Labor Day				

3	Tuesday	9/5/2023	Literature	Shakespeare's <i>The Tempest</i>	Prospero and Miranda: Exiled	Prospero, an old man, and Miranda, his daughter, begin to reveal their character traits as they discuss the storm. Prospero tells Miranda about their history. This part of the play is called the exposition.	Disciples of Christ feel sorrow when others are wicked.
3	Wednesday	9/6/2023	Science	Stars and Planets	Astronomy: The Study of Stars, Planets, and Space	Astronomy is the study of stars, planets, and space.	God created the universe and everything in it.
3	Thursday	9/7/2023	Science	Stars and Planets	Copernicus, Galileo and the Telescope	The discoveries of Copernicus and Galileo greatly increased our knowledge of astronomy. Telescopes allow us to see and explore objects in space. They work best when they are on high ground where there is little light from the world.	We receive spiritual guidance when we stand on spiritual high ground.
3	Friday	9/8/2023	Science	Stars and Planets	Galaxies	There are three types of galaxies. Galaxies are organized by shape. There are billions of galaxies in the universe.	Knowing that God created worlds without number through priesthood power can inspire us to do good.
4	Monday	9/11/2023	Literature	Shakespeare's <i>The Tempest</i>	Ariel and Caliban: Servant and Slave	Ariel and Caliban are characters foils. They show two different ways of responding to the same situation.	We will all experience similar hard times in our lives, but those who have faith in Jesus Christ will desire to do God's will, even when times are hard.
4	Tuesday	9/12/2023	Science	Stars and Planets	Nebulae and the Life Cycles of Stars	Stars are born within a nebula and have life cycles.	Through our examples, we can be a light to others.
4	Wednesday	9/13/2023	Science	Stars and Planets	Constellations	1) A constellation is a group of stars that form a shape. These constellations help us locate stars in the sky and direction on the earth. 2) We cannot always see all of the constellations because our view of them changes with the seasons, but the North Star is always constant.	With the help of the Lord, we can be constant no matter what is happening around us.
4	Thursday	9/14/2023	Science	Stars and Planets	The Sun-The Center of Our Solar System	1) The sun is extremely large and hot. It is made of burning plasma and creates solar weather. 2) The sun is the center of our solar system. It provides the light and heat that allow life to exist on the earth.	We should make Jesus Christ, the Son of God, the center of our lives.
5	Monday	9/18/2023	Literature	Shakespeare's <i>The Tempest</i>	Main Plot: "But for Your Conscience"	1) Shakespeare's style includes metaphors and similes, alliteration, and puns. 2) The plot of <i>The Tempest</i> includes a main plot and a subplot. The main plot follows the actions of Gonzalo, Sebastian, Antonio, and Alonso.	We can create "a style of our own" as we dress, speak, and act as Jesus would have us do.

5	Tuesday	9/19/2023	Science	Stars and Planets	Newton and Kepler- The Motion of the Planets	Kepler and Newton discovered the true motion of planets and that the planets orbit the sun because of gravity.	The motion of the planets shows that God is a God of order.
5	Wednesday	9/20/2023	Science	Stars and Planets	The Inner Planets- Mercury, Venus, Earth, and Mars	In our solar system, there are four inner planets: Mercury, Venus, Earth, and Mars. They are small, hot, and rocky.	God's creations show us an example of obedience.
5	Thursday	9/21/2023	Science	Stars and Planets	The Outer Planets- Jupiter, Saturn, Uranus, and Neptune	1) The outer planets are Jupiter, Saturn, Uranus, and Neptune. They are large, cold, and made of gas. 2) In order to be called a planet, an object must orbit the sun, be round in shape, and be large enough to push other objects out of its path.	All of creation in its regular motion is a testament that there is a God.
6	Monday	9/25/2023	Literature	Shakespeare's <i>The Tempest</i>	The Subplot: Caliban's New Freedom	The actions of Stephano, Trinculo, and Caliban make up the subplot. Caliban thinks he finds freedom, but he doesn't.	We can choose the master we follow. If we choose God as our master, we receive freedom and eternal life. If we choose Satan as our master, we will lose freedom and become his captive.
6	Tuesday	9/26/2023	History	Explorers	The New World is Settled - Preparation for the Founding	A series of key historical events paved the way for the founding of the United States of America.	Heavenly Father revealed His plan for America to Nephi. He also has a plan for me.
6	Wednesday	9/27/2023	History	Explorers	Leif Erikson	Leif Erikson was the first known European to discover America.	The Lord has His own timetable for His plan for the world and for our lives.
6	Thursday	9/28/2023	History	Explorers	Marco Polo	1) Marco Polo was a great explorer who introduced the Far East to the world. 2) Christopher Columbus was influenced and inspired by Marco Polo's writings.	The Holy Ghost is like the Khan's golden tablet. The Holy Ghost can provide guidance and keep us safe through life's journey as we follow His promptings.
7	Monday	10/2/2023	Literature	Shakespeare's <i>The Tempest</i>	Juxtaposition— Rulers and Drunken Servants	Shakespeare juxtaposes scenes of Sebastian and Antonio with scenes of Stephano, Trinculo, and Caliban. These juxtapositions help us understand that even though Sebastian and Antonio are wealthy gentlemen, their actions show they are no different than drunken servants.	The Lord judges us by our hearts—not our positions, riches, talents, or looks.
7	Tuesday	10/3/2023	History	Explorers	A World Prepared: Christopher Columbus	Circumstances, people, and events prepared the way for Columbus to make his discovery of the New World	Like Prince Henry, we should always "desire to do well."
7	Wednesday	10/4/2023	History	Explorers	A Man Prepared: Christopher Columbus	Christopher Columbus was prepared for his mission through the experiences, trials, and personal gifts of his early life.	God uses our experiences, trials, and personal gifts in life to prepare us for the future.

7	Thursday	10/5/2023	History	Explorers	Christopher Columbus Discovers the New World	Christopher Columbus's first voyage took him to the islands of San Salvador, Cuba, and Hispaniola in the New World.	Keeping a journal will help us record and remember when we have seen the hand of God in our lives.
8	Monday	10/9/2023	Literature	Shakespeare's <i>The Tempest</i>	Ferdinand and Miranda Fall in Love	Prospero's speech to Ferdinand has two meanings: one about the nature of life and one about the nature of drama. Ferdinand and Miranda's love for each other is the "falling in love" part of the romance play, <i>The Tempest</i> .	"Marriage between a man and a woman is ordained of God." ("The Family: A Proclamation to the World," paragraph 1).
8	Tuesday	10/10/2023	History	Explorers	Christopher Columbus: The Christ-Bearer	Christopher Columbus was named after St. Christopher, a Catholic saint whose name means "Christ-bearer." Christopher Columbus believed God had a mission for him, and that God would help him fulfill it.	Even if we are unsure of God's plan for our lives, we will fulfill His purposes as we try to live righteously.
8	Wednesday	10/11/2023	History	Explorers	A Day in the Life of an Explorer	Daily life onboard a ship in the Age of Exploration was shaped by the technology and culture of the time.	Building our daily routine around a focus on Jesus Christ helps us keep our commitment to "always remember Him."
8	Thursday	10/12/2023	History	Explorers	The Age of Exploration	After Columbus discovered the Americas, many other men explored parts of the earth and added to the knowledge of the known world.	Today we still have areas to explore. Family history opens a door to unexplored territory.
		10/16-20/2023	Fall Break				
9	Monday	10/23/2023	Literature	Shakespeare's <i>The Tempest</i>	Reconciliation and Forgiveness	In <i>The Tempest</i> , Shakespeare followed Aristotle's unities of time, place, and action. A major theme of <i>The Tempest</i> is forgiveness and reconciliation. As Prospero forgives his enemies, the characters are reconciled to each other.	We are reconciled to our Heavenly Father through the Atonement of Christ.
9	Tuesday	10/24/2023	Geography	Weather, Water, & Earth	Atmosphere: Study the Forecast	The atmosphere is an ocean of air and water that surrounds the earth. The weather on the earth can be predicted and recorded using instruments.	If we pay close attention to the prophet's forecast for the future, we will be prepared for what's ahead.
9	Wednesday	10/25/2023	Geography	Weather, Water, & Earth	Atmosphere: Europe's Climate	The continent of Europe has a variety of climate regions. The European climate is largely mild or temperate because of the warm Gulf Stream and the Westerly Winds.	We can develop the Christlike quality of temperance.
9	Thursday	10/26/2023	Geography	Weather, Water, & Earth	Atmosphere: Come Out of the Fog	Fog is a thick cloud of water droplets suspended in the atmosphere at or near the earth's surface that decreases visibility.	We can travel safely through the "mists of darkness."
10	Monday	10/30/2023	Literature	Shakespeare's <i>The Tempest</i>	Giving up Power	Prospero's magical, creative power symbolizes Shakespeare's power to write plays. Giving up wrongful power is an important theme in <i>The Tempest</i> .	God gives us His power as we keep His commandments.

10	Tuesday	10/31/2023	Geography	Weather, Water, & Earth	Hydrosphere: Rivers	A river is a large natural stream of fresh water flowing across the land to a sea, a lake, or another stream. Rivers are an important resource to the land, the animals and the people of the earth.	As we help others we are “as rivers of water in a dry place.” (Isaiah 32:2)
10	Wednesday	11/1/2023	Geography	Weather, Water, & Earth	Hydrosphere: Channels and Straits	A channel and a strait are narrow bodies of water between land that connect two larger bodies of water. Because of Europe's unique shape, it contains many channels and straits.	We must keep the channel of communication open between us and the Lord.
10	Thursday	11/2/2023	Geography	Weather, Water, & Earth	Hydrosphere: Seas	A sea is a large body of saltwater partially or completely enclosed by land. The Mediterranean Sea is one of the largest and most important seas in the world.	Jesus Christ can calm the troubled seas in our lives.
11	Monday	11/6/2023	Literature	Poetry of Robert Frost	An Invitation	Robert Frost was a great poet and a kind man. Poems are told from the point of view of a person called “the speaker.” The speaker of “The Pasture” invites the reader to participate in two magical moments.	The prophet is the speaker for the Lord.
11	Tuesday	11/7/2023	Geography	Weather, Water, & Earth	Lithosphere: Landmarks	Natural and artificial landmarks can be both spectacular and very helpful.	God has given us spiritual landmarks to help us find our way back to our heavenly home.
11	Wednesday	11/8/2023	Geography	Weather, Water, & Earth	Lithosphere: Peninsulas and Seacoasts	The seacoast is the land next to the sea. Because of its many peninsulas, Europe has a very long seacoast marked with many lighthouses.	We can be lighthouses for the Lord.
11	Thursday	11/9/2023	Geography	Weather, Water, & Earth	Lithosphere: Biomes	The lithosphere of Europe is divided into several biomes. Each biome is the home for a variety of plants and animals.	We can create a home on Earth for Jesus.
12	Monday	11/13/2023	Literature	Poetry of Robert Frost	Finding Joy and Fun in Simple Things	Using imagery, meter, and rhyme, Robert Frost recreates two happy moments.	We can experience joy and have fun every day if we take time to notice and appreciate the simple, ordinary things around us.
12	Tuesday	11/14/2023	Science	Earth, Moon, and Space Exploration	A Recipe for the Perfect Planet—Earth	Earth is the perfect planet for us. It is the only planet we know of that can sustain life.	Jesus Christ followed directions from Heavenly Father and created a perfect Earth for us.
12	Wednesday	11/15/2023	Science	Earth, Moon, and Space Exploration	The Moon: Physical Features / Phases and Eclipses	The moon orbits the earth. It reflects the light of the sun. The gravity of the moon affects the weight of objects on the moon and the tides on the earth. The moon has many craters because it does not have an atmosphere. / The moon has eight phases. A solar eclipse is when the moon comes between the sun and Earth, blocking light from the sun.	Our testimonies can provide an atmosphere of spiritual protection. / Through faith we can know that God is always near.
12	Thursday	11/16/2023	Science	Earth, Moon, and Space Exploration	Space Exploration and Moon Landings	Although many people believed that it was impossible, humans have walked on the moon. On July 20, 1969, the first man landed on the moon.	With God's help, all things are possible.

		11/20-11/24	Thanksgiving Break				
13	Monday	11/27/2023	Literature	Poetry of Robert Frost	Winter Night in the Forest	In the poem "Stopping by Woods on a Snowy Evening," Robert Frost uses setting, character, and literary techniques to communicate a message about beauty, life, and mankind's final rest.	This life is the time to prepare to meet God.
13	Tuesday	11/28/2023	Science	Earth, Moon, and Space Exploration	Asteroids, Comets, and Meteoroids	Asteroids, comets, and meteoroids are celestial bodies within our solar system.	The words we speak impact those around us.
13	Wednesday	11/29/2023	Science	Earth, Moon, and Space Exploration	Rockets, Probes, and Satellites	Rockets, probes, and satellites help us explore the universe and find answers to our questions about space.	As we search, ponder, and pray, Heavenly Father helps us find answers to our questions.
13	Thursday	11/30/2023	Science	Earth, Moon, and Space Exploration	The International Space Station	The International Space Station is a large spacecraft where astronauts live and do scientific research outside of Earth's atmosphere.	Cooperation helps our family life run smoothly and brings us happiness.
14	Monday	12/4/2023	Literature	Poetry of Robert Frost	The Road Not Taken	In the poems "A Minor Bird" and "The Road Not Taken," Robert Frost shows that we choose our attitude and our direction in life.	As disciples of Christ, we will often need to stand alone and choose what no one else seems to be choosing.
14	Tuesday	12/5/2023	History	Renaissance and Reformation	The Black Plague	The Black Plague, also known as the Black Death, killed thousands of people and changed the culture of Europe in many ways.	The Lord has given us a law of health called the Word of Wisdom. Following it can help us have strong bodies that can fight sickness.
14	Wednesday	12/6/2023	History	Renaissance and Reformation	The Crusades (1095-1291): New Ideas to Europe	The Crusades began when Muslim nations refused to allow Jews and Christians to visit the Holy Land. The knowledge that Christian Crusaders brought back from the Holy Land helped to open the minds of European people. As they began to learn and act upon new ideas, the Renaissance began.	Visiting sacred places can strengthen our testimonies.
14	Thursday	12/7/2023	History	Renaissance and Reformation	Johannes Gutenberg and the Printing Press	Johannes Gutenberg's Christian character made it possible for him to use opportunities and overcome obstacles to invent the printing press—the greatest invention in the world. The printing press opened up the world of knowledge, including of the gospel. It made the Renaissance, Reformation, and Restoration of the gospel possible.	The world has been prepared so that Latter-day Saints can more easily spread the gospel. We can be part of hastening the work by using technology to share the gospel.
15	Monday	12/11/2023	Literature	Parables	Jesus's Parables: Talents and Lamps	A parable is a short, simple story designed to teach a religious truth or lesson. Jesus used parables to teach gospel principles.	Small daily righteous acts prepare us to enter the temple and for the coming of the Savior.
15	Tuesday	12/12/2023	History	Renaissance and Reformation	Learning Comes to Life	The Renaissance started as the people of Europe began to learn, think, and discover truth for themselves. This change led to advances in art, literature, architecture, science, and religion.	We have been richly blessed with resources to help us learn many wonderful things.

15	Wednesday	12/13/2023	History	Renaissance and Reformation	Copernicus, Galileo, Newton, and Kepler	The excitement during the Renaissance encouraged scientists to ask questions and seek for answers. Four important scientists of this time period were Copernicus, Galileo, Newton, and Kepler.	Just as the sun is in the center of the solar system, Jesus Christ—the Son of God—should be the center of our lives.
15	Thursday	12/14/2023	History	Renaissance and Reformation	The Beginning of Reform: Recognizing Problems	Many courageous people could see problems in the doctrines and practices of the Catholic Church. They wanted to reform the church in order to eliminate the problems and strengthen the church.	Jesus Christ can reform our lives. Through the power of His Atonement, we can repent and change.
16	Monday	12/18/2023	Literature	Parables	Latter-day Parables: Bicycles, Dandelions, and Laundry	Church teachers and leaders write and speak using latter-day parables to teach the gospel.	We follow Jesus when we don't criticize others. Instead, we work to overcome our own faults and weaknesses.
16	Tuesday	12/19/2023	History	Renaissance and Reformation	Peter Waldo and the Waldenses	Peter Waldo began a church based on the words of the Bible. The people in this church were called Waldenses. The Waldenses chose to be faithful and taught their children from the scriptures. They suffered hundreds of years of persecution before they were introduced to the restored gospel.	Our choices will have an influence on future generations.
16	Wednesday	12/20/2023	History	Renaissance and Reformation	John Wycliffe: Morning Star of the Reformation	John Wycliffe sought to follow Christ's commandment to "preach the gospel to every creature" (Mark 16:15). He was the first person to translate the entire Bible into English. His hard work and courage helped start the Reformation	We must work hard and have courage to stand for the right just as Wycliffe did.
16	Thursday	12/21/2023	History	Renaissance and Reformation	Martin Luther and the 95 Theses	Martin Luther nailed his 95 theses condemning the Catholic Church's practice of selling indulgences to the door of the church in Wittenberg. This act started the Protestant Reformation in Europe.	Because of the Atonement, Jesus can give us the power and strength we need to repent and change our hearts. This power and strength is called grace.
		12/25-1/5	Christmas				
17	Monday	1/8/2024	Literature	<i>Hans Brinker</i>	Cast of Characters	Mary Mapes Dodge, the author of <i>Hans Brinker</i> , loved children and enjoyed writing for them. In the first few chapters of <i>Hans Brinker</i> , the reader gets to know two of the main characters and a little about their characteristics.	We should not expect to get something for nothing; we should earn what we get.
17	Tuesday	1/9/2024	History	Renaissance and Reformation	Martin Luther: Trials and Translation	The Lord protected Martin Luther so he could translate the Bible into German. Because of his work, the German people could learn gospel truths from the scriptures in their own language. In 1877, Martin Luther appeared to Wilford Woodruff in the St. George Temple and	We can receive the word of God in our own language from scripture, from the words of the prophets, and from personal revelation.

						asked to have his temple ordinances performed.	
17	Wednesday	1/10/2024	History	Renaissance and Reformation	William Tyndale and the English Bible	William Tyndale felt strongly that the English people should have a Bible in their own language. He translated the Bible into English so that even a plowboy would know and love the scriptures.	We have a responsibility to read, study, and share the scriptures
17	Thursday	1/11/2024	History	Renaissance and Reformation	Renaissance and Reformation Celebration	Celebrating helps us remember that the Renaissance and Reformation helped the world come out of the darkness of the Middle Ages.	During the Renaissance and Reformation, God prepared the world for the Restoration of the gospel. We can appreciate the sacrifice of brave men and women who dedicated their lives to finding the truth.
18	Monday	1/15/2024	Martin Luther King Day				
18	Tuesday	1/16/2024	Literature	<i>Hans Brinker</i>	Trouble in the Brinker Home	Raff's accident leads to many troubles in the Brinker home and is the start of one of the plots of the book.	Our response to troubles can make us either humble and kind or bitter and angry.
18	Wednesday	1/17/2024	Geography	Boundaries and People of Europe	Boundaries: Countries	A country is an area of land defined by political boundaries. All the people in a country live under the same government. A person's country is the nation where he or she was born or lived.	We can return to our true "Fatherland,"-- the place where Heavenly Father dwells.
18	Thursday	1/18/2024	Geography	Boundaries and People of Europe	Boundaries: Changes in Europe	Throughout the history of Europe, the boundaries of many empires were created and destroyed.	The Lord will bless us to know how to live the gospel in all circumstances.
18	Friday	1/19/2024	Geography	Boundaries and People of Europe	Boundaries: The Iron Curtain	The "Iron Curtain" was built to separate Eastern Europe from the western world.	Our Heavenly Father can help us tear down walls that separate us and build spiritual bridges to bring people together.
19	Monday	1/22/2024	Literature	<i>Hans Brinker</i>	Exploring Holland	Mary Mapes Dodge introduces readers to Holland through the skating trip the boys take through the country.	Gaining a "knowledge...of countries and of kingdoms" helps us better prepare to do the Lord's work (D&C 88:79).
19	Tuesday	1/23/2024	Geography	Boundaries and People of Europe	Population: Increase and Decrease	Throughout time, the population of the world has increased and decreased.	"God's commandment for His children to multiply and replenish the earth remains in force." ("The Family: A Proclamation to the World")
19	Wednesday	1/24/2024	Geography	Boundaries and People of Europe	Population: Changes in Europe	Throughout time, the population of Europe has changed for a variety of reasons.	Like Latter-day Saints in history, the Saints today are willing to go where the Lord directs.
19	Thursday	1/25/2024	Geography	Boundaries and People of Europe	Population: Power of Persistence	Through persistence, European geographer John Harrison invented the first marine chronometer.	If we want to accomplish our mission in life, we must learn to be persistent
20	Monday	1/29/2024	Literature	<i>Hans Brinker</i>	The Power of Legends	Mary Mapes Dodge uses two legends to illustrate the character of the Dutch people.	It is best not to wait to repent. The time to stop the flow of sin and bad feelings is now!

20	Tuesday	1/30/2024	Geography	Boundaries and People of Europe	Language: Spoken Language	Spoken language is developed in phases and is the foundation of all language development.	Language is a gift from God. We can use this gift to help the Lord do His work on the earth.
20	Wednesday	1/31/2024	Geography	Boundaries and People of Europe	Language: European Languages	The majority of European languages spoken today descended from three main language branches: Romance Languages, Germanic Languages, and Balto-Slavic Languages.	We can speak the language of our Heavenly Father's family, pure and undefiled.
20	Thursday	2/1/2024	Geography	Boundaries and People of Europe	Language: Spoken and Written Languages	The spoken and written languages of Europe are beautiful and unique.	Our love of and appreciation for any language, including the language of the Old Testament, increases as we listen to it, read it, write it, sing it, study it, and practice using it over and over again.
21	Monday	2/5/2024	Literature	<i>Hans Brinker</i>	Troubles along the Way—Conflict and Character	The way Peter and the boys respond to the trials or conflicts they experience reveals their character traits.	Heavenly Father has blessed us with agency to choose how we will respond to life's challenges.
21	Tuesday	2/6/2024	Geography	Boundaries and People of Europe	Religion: Major World Religions	All major world religions believe in some form of God.	"We believe in God, the Eternal Father, and in His Son, Jesus Christ, and in the Holy Ghost." (Articles of Faith 1:1)
21	Wednesday	2/7/2024	Geography	Boundaries and People of Europe	Religion: Christianity in Europe	The major religion in Europe is Christianity. The majority of Christians are Catholic, Eastern Orthodox, or Protestant.	The Apostasy created the need for the restoration of the Church of Jesus Christ.
21	Thursday	2/8/2024	Geography	Boundaries and People of Europe	Religion: Missionary Work	Christians made great sacrifices to be missionaries to the people of Europe and beyond.	We can prepare to carry the gospel to the nations of the earth by making sacrifices today.
		2/12-16/2024	Winter Break				
22		2/19/2024	President's Day				
22	Tuesday	2/20/2024	Literature	<i>Hans Brinker</i>	"The Father's Return" --Two Plots	In <i>Hans Brinker</i> , Hans' plot has one major climax, while Peter's has several minor climaxes.	As we draw close to Christ through serving God's children, we will experience joy and peace, even during the sorrowful climaxes of our lives.
22	Wednesday	2/21/2024	Science	Cells: Background, Parts, and Pieces	The History of Cell Theory	Several Scientists throughout history have contributed to our understanding of cells and the creation of cell theory.	We learn truth "line upon line, precept upon precept."
22	Thursday	2/22/2024	Science	Cells: Background, Parts, and Pieces	The Anatomy of Eukaryotic Cells	There are two types of cells—eukaryotic and prokaryotic. Eukaryotic cells contain a variety of organelles that enable them to live and function.	Each of us is an important part of several groups.
22	Friday	2/23/2024	Science	Cells: Background, Parts, and Pieces	The Physiology of Organelles	Each Organelle in the cell has a specific work to do.	The family is the basic unit of the kingdom of God, and each member of the family has important work to do.
23	Monday	2/26/2024	Literature	<i>Hans Brinker</i>	Bread on the Water	Because Dr. Boekman is kind and generous to the Brinkers, he is able to find out about his lost son.	When we treat others kindly, kindness will, in some way, come back to us.

23	Tuesday	2/27/2024	Science	Cells: Background, Parts, and Pieces	Celltown	Each organelle in a cell is needed for the cell to live. Eukaryotic cells work together to make larger organisms.	Each person can make important contributions in life.
23	Wednesday	2/28/2024	Science	Cells: Background, Parts, and Pieces	Comparing Plant and Animal Cells	Animal and plant cells have similarities and differences.	People all over the world have similarities and differences.
23	Thursday	2/29/2024	Science	Cells: Background, Parts, and Pieces	Prokaryotic Cells	Prokaryotic cells live independently and do not have an organized nucleus.	Heavenly Father desires that we do good works, both in groups with other people, as well as independently.
24	Monday	3/4/2024	Literature	<i>Hans Brinker</i>	Heroes	Because Hans, Gretel, Peter, and Hilda have noble characters, they are heroes.	We become everyday heroes as we develop Christlike qualities and quietly and consistently do what is right.
24	Tuesday	3/5/2024	History	Pilgrims & Colonies	A Heritage of Freedom: Two Grand Ideas	Colonists in North America brought with them two grand ideas: 1. Strong nations need a strong central government; 2. People have the greatest freedom when they can govern themselves as much as possible.	God can help us govern ourselves. When we govern ourselves, we have greater freedom.
24	Wednesday	3/6/2024	History	Pilgrims & Colonies	The Spanish Armada: God's Hand in Battle	Spain and France were the first countries to establish colonies in the New World. With God's help, England defeated the Spanish Armada, which weakened Spanish power in the New World. This defeat opened the way for English settlements in the New World.	God can help us fight our battles.
24	Thursday	3/7/2024	History	Pilgrims & Colonies	Jamestown: John Smith and Pocahontas	John Smith and Pocahontas helped Jamestown survive.	Kindness often requires love and courage.
25	Monday	3/11/2024	History	Pilgrims & Colonies	Jamestown: The Starving Time and Beyond	Although the people of Jamestown had many trials, the town grew and prospered because God blessed them, they learned to work, and they established families.	Work helps us grow temporally and spiritually.
25	Tuesday	3/12/2024	History	Pilgrims & Colonies	The Pilgrims and Plymouth: William Bradford	The Lord prepared William Bradford to help build and settle Plymouth Colony through the events of his life and through his Christlike character.	God prepares us for our future by giving us gifts we can use in His service. We need to develop the gifts He has given us.
25	Wednesday	3/13/2024	History	Pilgrims & Colonies	The Pilgrims and Plymouth: The Mayflower Compact	God blessed the Pilgrims on their journey, and He helped them create the Mayflower Compact—the beginning of a new government in a land where they would be free to worship according to their beliefs.	God wants us to be a light to the world.
25	Thursday	3/14/2024	History	Pilgrims & Colonies	The Pilgrims and Plymouth: The First Winter	The Pilgrims endured great trials during their first winter in America. The Lord blessed the Pilgrims during their trials.	The Lord does not always remove our trials, but He blesses us as we go through hard things.
26	Monday	3/18/2024	Literature	<i>Amos Fortune: Free Man</i>	Captured in Africa	Elizabeth Yates wrote <i>Amos Fortune: Free Man</i> , a book of historical fiction. The first part of <i>Amos Fortune</i> is set in Africa, At-mun's original home.	God loves all His children, no matter what physical, emotional, or spiritual weaknesses they may have.

26	Tuesday	3/19/2024	History	Pilgrims & Colonies	The Pilgrims and Plymouth: The First Thanksgiving	God prepared Squanto to help the Pilgrims. The Pilgrims celebrated Thanksgiving to show their gratitude to God for His blessings.	The Lord has commanded us to be grateful.
26	Wednesday	3/20/2024	History	Pilgrims & Colonies	Roger Williams: Founder of Providence, Rhode Island	Roger Williams was forced to leave Massachusetts. He established the colony of Rhode Island, where religious freedom was allowed.	We believe men should be able to worship according to the dictates of their own conscience.
26	Thursday	3/21/2024	History	Pilgrims & Colonies	Connecticut, New Hampshire, Delaware, Maryland	As more people from Europe came to North America, they settled the colonies of Connecticut, Delaware, New Hampshire, and Maryland.	As disciples of Jesus Christ, we want to leave the wickedness of the world and stand in holy places.
27	Monday	3/25/2024	Literature	<i>Amos Fortune: Free Man</i>	A Strange New Life	Elizabeth Yates uses similes in the first part of the novel <i>Amos Fortune</i> to connect the lives of the At-mun-shi to nature. At first, Amos' life in Boston is strange and frightening.	Knowledge is an attribute of Christ. We should strive to attain knowledge.
27	Tuesday	3/26/2024	History	Pilgrims & Colonies	The Southern Colonies: The Carolinas and Georgia	Francis Yardley traded with an Indian chief to obtain the Carolinas for England. James Oglethorpe was a good man who founded the colony of Georgia so he could help the poor.	A disciple of Christ cares for the poor and needy.
27	Wednesday	3/27/2024	History	Pilgrims & Colonies	The Dutch Colonies: New York and New Jersey	New Amsterdam was settled by the Dutch. When the British took over New Amsterdam, it became the colonies of New York and New Jersey.	Heavenly Father and Jesus constantly watch over us.
27	Thursday	3/28/2024	History	Pilgrims & Colonies	William Penn and Pennsylvania	William Penn, the man who settled Pennsylvania, was an honest, kind, and fair man.	God asks us to treat others with honesty and fairness.
		4/1-5/2024	Spring Break				
28	Monday	4/8/2024	Literature	<i>Amos Fortune: Free Man</i>	Amos is Free	Elizabeth Yates shows the irony (interesting contradiction) of a country that fights for freedom but refuses to free the slaves. Amos reveals the nobility of his character while he waits to receive his own freedom, and later when he helps others become free.	Being observant is a gift that can help us see our lives through God's eyes.
28	Tuesday	4/9/2024	Science	Microbes and Cell Division	Bacteria	Bacteria are prokaryotic cells that can help us and harm us.	Ingratitude is like harmful, bad bacteria. It can make our spirits ill. Gratitude in all things is the cure.
28	Wednesday	4/10/2024	Science	Microbes and Cell Division	The Unseen World of Microbes	There are six different types of microbes and all of them affect our lives.	A little leaven lifts the whole loaf. We can be the Lord's leaven in the world.
28	Thursday	4/11/2024	Science	Microbes and Cell Division	DNA—A Map for Life	DNA is a guide in the nucleus of a cell that teaches our cells what to become and what to do.	Heavenly Father has given us a map called the plan of salvation to teach us what we can do and become.
29	Monday	4/15/2024	Literature	<i>Amos Fortune: Free Man</i>	The Wilderness Blossoms	Amos and his wife, Violet, overcome trials to make their new home in Jaffrey blossom as a rose.	If we counsel with the Lord in all our doings, He will direct us for good. (Alma 37:37).

29	Tuesday	4/16/2024	Science	Microbes and Cell Division	Cell Division through Mitosis	Cells continually divide to create more cells; interphase, mitosis, and cytokinesis are the three stages of the cell cycle.	When we divide our increase with God through paying tithing, He multiplies our blessings.
29	Wednesday	4/17/2024	Science	Microbes and Cell Division	Louis Pasteur	The work of many scientists has increased our understanding of truth and improved the condition of our lives.	The work of Joseph Smith has increased our understanding of truth and has blessed our lives in countless ways.
29	Thursday	4/18/2024	Science	Microbes and Cell Division	Cytology Celebration	Scientific models help us visualize and understand scientific objects or ideas.	Parables are stories that use familiar objects and situations to help us visualize and understand principles of the Gospel.
30	Monday	4/22/2024	Literature	<i>Amos Fortune: Free Man</i>	Filling the Iron Kettle	Amos's hard work and integrity bring him and his family prosperity.	When we work hard, live frugally, and save money, we become more self-reliant.
30	Tuesday	4/23/2024	Geography	European Governments and Economics	Government: Leadership Characteristics	Good government leaders develop Christlike characteristics.	Because of the Atonement we can change and develop Christlike qualities.
30	Wednesday	4/24/2024	Geography	European Governments and Economics	Government: European Governments	Throughout history many of the countries of Europe have been governed by kings and queens.	As children of a Heavenly King, we are each members of a royal family.
30	Thursday	4/25/2024	Geography	European Governments and Economics	Government: Provide for Defense	One very important responsibility of the national and local government is to protect and defend the citizens.	One very important responsibility of a father is to protect his family—physically and spiritually.
31	Monday	4/29/2024	Literature	<i>Amos Fortune: Free Man</i>	Climbing Mount Monadnock	The conflict between Amos and Violet shows the strength and goodness of their characters.	As we become better at following the promptings of the Spirit, we will be able to resolve the conflicts in our lives.
31	Tuesday	4/30/2024	Geography	European Governments and Economics	Economy: Needs vs. Wants	We all have many wants. Our wants can be divided into two categories—goods and services. It is important to recognize the difference between our wants and our needs. Sometimes we have to give up the things we want for the things we really need.	The Lord can help us know the difference between our wants and our needs. If we trust Him, He will help us be content with what we have been given.
31	Wednesday	5/1/2024	Geography	European Governments and Economics	Economy: European Industries	There are five types of industry that make up the economy of Europe: natural resource extraction, manufacturing, service, science, and leadership.	When the Lord blesses us with a surplus (more than we need) we should share it with others in need.
31	Thursday	5/2/2024	Geography	European Governments and Economics	Culture: Literature	Every culture of the world has been blessed by the experiences, feelings, information, and entertainment recorded in some form of literature and passed down from generation to generation.	Reading great literature brings great blessings.
32	Monday	5/6/2024	Literature	<i>Amos Fortune: Free Man</i>	A Life Well-Lived	A major theme in <i>Amos Fortune</i> is that freedom is worth working and sacrificing for. Amos becomes freer as he learns to be kind to those who treat him unkindly.	As we develop great charity, we will experience great joy.
32	Tuesday	5/7/2024	Geography	European Governments and Economics	Culture: European Culture	European culture is rich with variety and beauty.	The culture of Europe is enriched by Latter-day Saint temples.

32	Wednesday	5/8/2024	Geography	European Governments and Economics	Application: Reason, Relate, and Record	The Research, Reason, Relate, Record process leads us from knowing facts to doing good.	The example of others can help us understand the process that leads us from knowing facts to doing good.
32	Thursday	5/9/2024	Geography	European Governments and Economics	Application: Country Report	A report is a written and oral celebration of what we have learned.	When we teach what we have learned, it blesses both the teacher and those being taught.