

# Monday

(6/5/2023)

**Wear** - Clothes & shoes you can run around and play night games in.

**Bring** - A waterbottle (Please drop off luggage at the house where you'll be sleeping).

Time	Activity	Location
7:30 a.m.–3:00 p.m.	Drop off luggage at lodging & Travel to the retreat	Travel to American Heritage Schools (736 N 1100 E, American Fork, UT 84003)
3:00–5:00 p.m.	<b>Check-In</b> Meet your group Games and group names	Lobby (NB)
5:00–5:30 p.m.	Campus Tour See group spot	Group spot & around campus
5:30–6:45 p.m.	*Dinner - <b>Street Tacos</b>	Lunchroom (SB)
6:45–7:45 p.m.	<b>Orientation</b>	Auditorium (SB)
8:00–10:00 p.m.	<b>*NIGHT GAMES</b>	Outdoors on campus
10:00–10:15 p.m.	Pick-Up	Parking lot between school buildings
10:15–10:30 p.m.	Travel back to lodging	
10:30–11:15 p.m.	Journal, prep for bed	
11:15 p.m.	Lights Out	
<i>Activities with an * indicate that youth may leave their group, but they need to take a buddy and be able to see a counselor or staff member at all times.</i>		North Building - (NB) South Building (SB)

# Tuesday

(6/6/2023)

**Wear** - Sunscreen & clothes you can run around in.

**Bring** - Journal, scriptures, modest swimming suit, change of clothes, towel, waterbottle, Skill Share Fair stuff (if sharing), & \$10–\$15 for lunch.

Time	Activity	Location
7:30 a.m.	Arise	
7:30–8:30 a.m.	Shower, dress, breakfast	
8:30–9:00 a.m.	Drive to AHS	Take Skill Share Fair stuff to Room 652 by the P.A.C. (NB)
9:00–9:15 a.m.	<b>Morning Devo</b> Given by counselor	
9:15–9:45 a.m.	<b>Personal Study</b> Scriptures, journals, devices	
9:45–9:55 a.m.	Re-group/pair & share	
10:00–10:15 a.m.	Start Right Yahosh Bonner	Patriot Field
10:30–11:30 a.m.	<b>Morningside</b> STEVEN SHARP NELSON	Auditorium (SB)
11:30–12:00 p.m.	<b>Skill Share Fair</b>	P.A.C. (NB)
12:00–12:15 p.m.	Board Buses	AHS Parking Lot
12:15 p.m.–12:30 p.m.	Drive to restaurants	
12:30–1:30 p.m.	*Lunch	Restaurants near Cubby's in Lehi
1:30–1:45 p.m.	Board Buses	
1:45–2:00 p.m.	Drive back to AHS	
2:00–5:10 p.m.	<b>*WATER GAMES</b>	AHS Fields
5:10–5:25 p.m.	*Change back to dry clothes	
5:25–6:10 p.m.	*Dinner - <b>R&amp;R BBQ</b>	Lunchroom (SB)
6:15–7:15 p.m.	<b>Improv Comedy Show</b> AHS Improv Team	Auditorium (SB)
7:15–7:25 p.m.	Go to group spots	
7:25–7:50 p.m.	<b>Reflect &amp; Review</b>	Group spots
7:50–8:05 p.m.	Board Buses	AHS Parking Lot
8:05–8:15 p.m.	Drive to Pool	
8:15–10:00 p.m.	<b>*POOL PARTY</b>	American Fork Fitness Center (454 N Center St, American Fork, UT 84003)
10–10:15 PM	Pick-Up	Pool parking lot
10:15–10:30 PM	Travel back to lodging	
10:30–11:15 PM	Journal, prep for bed	
11:15 PM	Lights Out	
<i>Activities with an * indicate that youth may leave their group, but they need to take a buddy and be able to see a counselor or staff member at all times.</i>		North Building - (NB) South Building (SB)

# Wednesday

(6/7/2023)

**Wear** - Retreat t-shirt, pants/shorts (no dresses or skirts) and closed-toe shoes.

**Bring** - Retreat journal, scriptures/device, and a waterbottle.

Time	Activity	Location
7:30 a.m.	Arise	
7:30–8:30 a.m.	Shower, dress, breakfast	
8:30–9:00 a.m.	Drive to AHS	
9:00–9:15 a.m.	<b>Morning Devo</b> Given by counselor	Group spots
9:15–9:45 a.m.	<b>Personal Study</b> Scriptures, journals, devices	
9:45–9:55 a.m.	Re-group/pair & share	
10:00–10:15 a.m.	Start Right Yahosh Bonner	Patriot Field
10:30–11:30 a.m.	<b>Morningside</b> Amy Oelrich	Auditorium (SB)
11:30–12:00 p.m.	WYR 2023 Group Photo	Soccer Field
12:05–12:50 p.m.	*Lunch	Lunchroom (SB)
12:50–1:05 p.m.	Board Buses	AHS Parking Lot
1:05–1:30 p.m.	Drive to CLAS Ropes Course	
1:30–4:30 p.m.	<b>*CLAS Ropes Course</b>	CLAS Ropes Course
4:30–4:45 p.m.	Board Buses	
4:45–5:20 p.m.	Drive back to AHS	
5:25–6:10 p.m.	*Dinner - <b>Italian Night</b>	Lunchroom (SB)
6:15–7:15 p.m.	<b>Fireside</b> David Brown	Auditorium (SB)
7:15–7:30 p.m.	Go to assigned classrooms	
7:30–8:15 p.m.	<b>Testimony Meeting</b>	Assigned Classrooms (NB)
8:15–8:30 p.m.	<b>Ice Cream</b>	HS Concessions Area (NB)
8:30–9:00 p.m.	<b>Reflect &amp; Review</b>	Group spots
9–9:15 PM	Pick-Up (Take Skill Share Fair stuff from classroom)	Parking lot between school buildings
9:15–9:30 PM	Travel back to lodging	
9:30–10:30 PM	Journal, prep for bed	
10:30 PM	Lights Out	
<i>Activities with an * indicate that youth may leave their group, but they need to take a buddy and be able to see a counselor or staff member at all times.</i>		<i>North Building - (NB) South Building (SB)</i>

# Thursday

(6/8/2023)

**Wear** - Something you can be semi-active in.

**Bring** - Retreat journal, pen/pencil, scriptures/device, a waterbottle, sunscreen, and stuff for talent show (if performing).

Time	Activity	Location
7:30 a.m.	Arise	
7:30–8:30 a.m.	Shower, dress, breakfast	
8:30–9:00 a.m.	Drive to AHS	Take Talent Show stuff to Room 452 by the Auditorium (SB)
9:00–9:15 a.m.	<b>Morning Devo</b> Given by counselor	Group spots
9:15–9:45 a.m.	<b>Personal Study</b> Scriptures, journals, devices	
9:45–9:55 a.m.	Re-group/pair & share	
10:00–10:15 a.m.	Start Right Yahosh Bonner	Patriot Field
10:30–11:30 a.m.	<b>Morningside</b> Jenet Erickson	Auditorium (SB)
11:40–12:10 p.m.	*Dance Instruction/Dodgeball	P.A.C., Ballroom, Commons, Arena (NB)
12:15–1:00 p.m.	*Lunch	Lunchroom (SB)
1:00–2:30 p.m.	<b>*Free Time</b>	P.A.C., Arena, Sports Fields, Playground
2:30–2:45 p.m.	Meet at group spots	Goup Spots
3:00–4:45 p.m.	<b>Talent Show</b>	Auditorium (SB)
4:50–5:35 p.m.	*Dinner - <b>Costa Vida!</b>	Lunchroom (SB)
5:40–7:40 p.m.	<b>*DANCE/MOVIE NIGHT</b>	P.A.C. (NB)/Rec Hall (SB)
7:45–8:15 p.m.	<b>Slideshow &amp; Wrap-Up</b>	Rec Hall (NB)
8:15–9:00 p.m.	<b>Reflect &amp; Review</b>	Group spots
9–9:15 p.m.	Pick-Up (Take Talent Show stuff)	Parking lot between school buildings
9:15–9:30 p.m.	Travel back to lodging	
9:30–10:30 p.m.	Journal, prep for bed	
10:30:00 p.m.	Lights Out	

# Friday

(6/9/2023)

**For those not sleeping at home.**

7:00–8:30 a.m.	Shower, dress, pack up, breakfast, & leave a thank you note.	
8:30 a.m.	<b>Final Pick-Up &amp; Retreat End</b>	Lodging (if not at home)

(Due to the retreat being earlier in the summer, we will no longer be able to hike Mount Timp as part of the retreat.)