

Monday

(6/5/2023)

Wear - Clothes & shoes you can run around and play night games in.

Bring - A waterbottle (Please drop off luggage at the house where you'll be sleeping).

Time	Activity	Location
7:30 a.m.–3:00 p.m.	Travel to the retreat Drop off luggage at lodging	
3:00–5:00 p.m.	Check-In Meet your group Games and group names	HS Building Lobby & P.A.C.
5:00–6:00 p.m.	Campus Tour See group spot	Group spot & around campus
6:00–6:45 p.m.	Dinner - Street Tacos	Lunchroom
6:45–7:45 p.m.	Orientation	Auditorium
8:00–10:00 p.m.	NIGHT GAMES	Outdoors on campus
10:00–10:15 p.m.	Pick-Up	Parking lot between school buildings
10:15–10:30 p.m.	Travel back to lodging	
10:30–11:15 p.m.	Journal, prep for bed	
11:15 p.m.	Lights Out	

Tuesday

(6/6/2023)

Wear - Clothes & shoes you can run around in.

Bring - Retreat journal, pen/pencil, scriptures/device, swimming suit, towel, waterbottle, sunscreen, and \$10–\$15 for lunch.

Time	Activity	Location
7:30 a.m.	Arise	
7:30–8:30 a.m.	Shower, dress, breakfast	
8:30–9:00 a.m.	Drive to AHS	
9:00–9:15 a.m.	Morning Devo Given by counselor	Group spots
9:15–9:45 a.m.	Personal Study Scriptures, journals, devices	
9:45–9:55 a.m.	Re-group/pair & share	
10:00–10:15 a.m.	Start Right Yahosh Bonner	Patriot Field
10:30–11:30 a.m.	Morningside Steven Sharp Nelson	Auditorium
11:30–11:45 a.m.	Board Buses	AHS Parking Lot
11:45 a.m.–12:00 p.m.	Drive to restaurants	
12:00–1:00 p.m.	Lunch	Restraunts near Cubby's in Lehi
1:00–1:15 p.m.	Board Buses	
1:15–1:30 p.m.	Drive to the Park	
1:30–4:45 p.m.	WATER GAMES	Mitchell Hollow Park in Highland
4:45–5:00 p.m.	Board Buses	
5:00–5:20 p.m.	Drive back to AHS	
5:25–6:10 p.m.	Dinner - R&R BBQ	Lunchroom
6:15–7:15 p.m.	Improv Comedy Show AHS Improv Team	Auditorium
7:15–7:25 p.m.	Go to group spots	
7:25–7:50 p.m.	Reflect & Review	Group spots
7:50–8:05 p.m.	Board Buses	AHS Parking Lot
8:05–8:15 p.m.	Drive to Pool	
8:15–10:00 p.m.	POOL PARTY	Pleasant Grove Veterans Memorial Pool (582 E 300 S, Pleasant Grove, UT 84062)
10–10:15 PM	Pick-Up	Pool parking lot
10:15–10:30 PM	Travel back to lodging	
10:30–11:15 PM	Journal, prep for bed	
11:15 PM	Lights Out	

Wednesday

(6/7/2023)

Wear - Retreat t-shirt, pants/shorts (no dresses or skirts) and close-toed shoes.

Bring - Retreat journal, pen/pencil, scriptures/device, a waterbottle, and Skill Share Fair stuff (if sharing).

Time	Activity	Location
7:30 a.m.	Arise	
7:30–8:30 a.m.	Shower, dress, breakfast	
8:30–9:00 a.m.	Drive to AHS Take Skill Share Fair stuff and store it	Room 652 by the P.A.C.
9:00–9:15 a.m.	Morning Devo Given by counselor	Group spots
9:15–9:45 a.m.	Personal Study Scriptures, journals, devices	
9:45–9:55 a.m.	Re-group/pair & share	
10:00–10:15 a.m.	Start Right Yahosh Bonner	Patriot Field
10:30–11:30 a.m.	Morningside Amy Oelrich	Auditorium
11:30–12:00 p.m.	Skill Share Fair	P.A.C.
12:05–12:50 p.m.	Lunch	Lunchroom
12:50–1:05 p.m.	Board Buses	AHS Parking Lot
1:05–1:30 p.m.	Drive to CLAS Ropes Course	
1:30–4:30 p.m.	CLAS Ropes Course	CLAS Ropes Course
4:30–4:45 p.m.	Board Buses	
4:45–5:20 p.m.	Drive back to AHS	
5:25–6:10 p.m.	Dinner - Italian Night	Lunchroom
6:15–7:15 p.m.	Fireside David Brown	Auditorium
7:15–7:30 p.m.	Go to assigned classrooms	
7:30–8:15 p.m.	Testimony Meeting	Assigned Classrooms
8:15–8:30 p.m.	Ice Cream	HS Concessions Area
8:30–9:00 p.m.	Reflect & Review	Group spots
9–9:15 PM	Pick-Up (Take Skill Share Fair stuff)	Parking lot between school buildings
9:15–9:30 PM	Travel back to lodging	
9:30–10:30 PM	Journal, prep for bed	
10:30 PM	Lights Out	

Thursday

(6/8/2023)

Wear - *Something you can be semi active in.*

Bring - *Retreat journal, pen/pencil, scriptures/device, a waterbottle, sunscreen, and stuff for talent show (if performing).*

Time	Activity	Location
7:30 a.m.	Arise	
7:30–8:30 a.m.	Shower, dress, breakfast	
8:30–9:00 a.m.	Drive to AHS Take Talent Show stuff and store it	Room 452 by the Auditorium
9:00–9:15 a.m.	Morning Devo Given by counselor	Group spots
9:15–9:45 a.m.	Personal Study Scriptures, journals, devices	
9:45–9:55 a.m.	Re-group/pair & share	
10:00–10:15 a.m.	Start Right Yahosh Bonner	Patriot Field
10:30–11:30 a.m.	Morningside Jenet Erickson	Auditorium
11:40–12:10 p.m.	Dance Instruction/Dodgeball	P.A.C., Ballroom, HS Commons, Arena
12:15–1:00 p.m.	Lunch	Lunchroom
1:00–2:30 p.m.	Free Time	P.A.C., Arena, Sports Fields, Playground
2:30–2:45 p.m.	Meet at group spots	Goup Spots
3:00–4:45 p.m.	Talent Show	Auditorium
4:50–5:35 p.m.	Dinner - Costa Vida!	Lunchroom
5:40–7:40 p.m.	DANCE/MOVIE NIGHT	P.A.C./Rec Hall
7:45–8:15 p.m.	Slideshow & Wrap Up	Rec Hall
8:15–9:00 p.m.	Reflect & Review	Group spots
9–9:15 PM	Pick-Up <i>(Take Talent Show stuff)</i>	Parking lot between school buildings
9:15–9:30 PM	Travel back to lodging	
9:30–10:30 PM	Journal, prep for bed	
10:30 PM	Lights Out	

Friday

(6/9/2023)

For those not sleeping at home.

7:00–8:30 a.m.	Shower, dress, pack up, breakfast, & leave a thankyou note.	
8:30 a.m.	Final Pick-Up & Retreat End	Lodging (if not at home)

(Due to the retreat being earlier in the summer, we will no longer be able to hike Mount Timp this day as it will still be too cold up there.)