

LiftEd Scope & Sequence 2022-2023

ALL TOGETHER NOW

Updated 7/13/22

Week	Day	Lesson date	Course	Unit	Title	Academic Concept	Principle
0	Monday	8/22/2022	Growth	Foundations	Timelines: What Is My Mission in Life?	Throughout history, people have brought joy and purpose to their lives by fulfilling their unique life mission.	You have a life mission and a place in His Story.
0	Tuesday	8/23/2022	Growth	Foundations	Discovering My Life Mission	Learning about what interests me and learning about a variety of topics are two ways to discover and prepare for my life's mission.	Prayer and hard work will help me accomplish my life mission.
0	Wednesday	8/24/2022	Growth	Foundations	How Will I Learn?	You are responsible for your own learning. With the help of parents and teachers, you can prepare for your life's mission.	Your efforts to learn prepare you for eternal life with God.
0	Thursday	8/25/2022	Growth	Foundations	What else do I need?	All subjects are connected to the study of God and His relationship with all of His creations.	I can improve the quality of my learning and my relationship with the Lord as I seek after things that are "virtuous, lovely, or of good report or praiseworthy."
1	Monday	8/29/2022	Growth	Leadership	Who I Really Am? Prepare for the Journey	True principles create Warriors of Light.	We can become Warriors of Light and discover who we really are.
1	Tuesday	8/30/2022	Growth	Leadership	RESPA: Relax, Evaluate, Strategize, Patience, Act	Crocodiles show us how to RESPA: Relax, Evaluate, Strategize, have Patience, and then Act in the right moment. RESPA is the way to develop self-mastery.	You can RESPA through the ups and downs in your life.
1	Wednesday	8/31/2022	Growth	Leadership	INROCK: Integrity is the Rock.	Inrock the eagle teaches us that integrity is the rock, a sure foundation.	When we have integrity, we are trustworthy and can develop healthy relationships.
1	Thursday	9/1/2022	Growth	Leadership	HUMIL: Humility	The camel teaches that humility is the understanding of one's own worth and the key to self-mastery.	Through humility, we can bear our burdens and open the doorway to our potential.
2	Monday	9/5/2022	Labor Day				
2	Tuesday	9/6/2022	Growth	Leadership	ENLIGH: Take Time Out for Enlightenment	Enlightenment helps us learn, understand what is true, and know the right thing to do. Butterflies help us consider how we can be enlightened.	Enligh Time fortifies you to effectively handle any circumstance.
2	Wednesday	9/7/2022	Growth	Leadership	MAFID: Make Allowances for Individual Differences	We can learn from the unique characteristics of a platypus how to make allowances for individual differences.	As we learn to make allowances for individual differences, we can use our differences to serve others.

2	Thursday	9/8/2022	Growth	Leadership	FORLOV: Forgiveness through Love	The dolphin has the ability to heal itself under extraordinary circumstances. Likewise, forgiveness is healing and leads to inner contentment.	We can strengthen our families through forgiveness and love.
2	Friday	9/9/2022	Growth	Leadership	MAIBA: Maintain Balance	Kangaroos can remind us to Maintain Balance in all areas of life.	As you maintain balance in your life, you will create harmony for yourself and others.
3	Monday	9/12/2022	World Studies	Africa	Geography and Physical Features	Africa is home to the largest desert and the longest river in the world. It is also home to grasslands, rainforests, mountains, over a million animal species, and many diverse people.	Every person on earth is unique and precious to God. Although we may be very different from each other, we each have something important to offer.
4	Tuesday	9/13/2022	World Studies	Africa	Cultural and Historical Landmarks	Places such as the sphinx and pyramids of Egypt, the Great Djenné Mosque in Mali, the pilgrimage city of Lalibela in Ethiopia, and Cape Town, South Africa give us a beautiful window into the history and culture of the African people.	Learning about our ancestors and heritage can help us understand who we are and who our Heavenly Father wants us to be.
3	Wednesday	9/14/2022	World Studies	Africa	Common and Traditional Clothing	African traditional clothing varies by region. It's known for its bright, colorful, and vibrant fabrics. This clothing often symbolizes important attributes of the person wearing it.	The way you dress sends a message to others about who you are and what is important to you. A clean and modest appearance and attitude will help you keep the Spirit with you.
3	Thursday	9/15/2022	World Studies	Africa	Common and Traditional Food	African food is usually centered around starches and grains, and many people in Africa experience food and water shortages.	We should never forget or take for granted all the blessings God gives us each day. We can express our gratitude to Him through prayer.
4	Monday	9/19/2022	World Studies	Africa	Games and Recreational Activities	Although many African children have important responsibilities, they love to play fun, educational, and cultural games together.	When Christ was on earth, He commanded us to love one another. We should be a good example of Christlike love and service to our friends.
4	Tuesday	9/20/2022	World Studies	Africa	Agriculture and Industry	Many people in Africa raise animals and work on the land to grow food they need to survive.	Work is an eternal principle. God commands us to work so we can experience growth and develop Christlike character.
4	Wednesday	9/21/2022	World Studies	Africa	Daily Life for Children and Adults	In many African communities, everyone works together to complete daily tasks. The community is usually considered to be more important than the individual.	We are organized into families and communities where we can lift and strengthen each other.
4	Thursday	9/22/2022	World Studies	Africa	Family Roles and Culture	In Africa, most children live with their parents and extended family members such as grandparents, aunts, uncles, and cousins. Children are taught to honor their elders.	The Lord has given us the commandment to honor our father and mother, that our days may be long upon the land.

5	Monday	9/26/2022	History	Ancient Civilizations	The Council in Heaven and the Plan of Salvation	Heavenly Father made a plan for us to have bodies, choose to follow Him, and experience joy. He made this plan because He loves us.	Heavenly Father's plan helps me find happiness and peace.
5	Tuesday	9/27/2022	History	Ancient Civilizations	The First Family	Adam & Eve became the first family on earth. The Fall brought about our mortal existence, creating a time for us to prepare to live with God and our families again.	Agency is vital to Heavenly Father's plan.
5	Wednesday	9/28/2022	History	Ancient Civilizations	Enoch's Vision of the History of the World	Enoch chose to live righteously in a time of great wickedness. Because of his choices, the Lord was able to give Enoch His power. His righteousness influenced many other people for good.	When we choose the right, Heavenly Father can bless us with power.
5	Thursday	9/29/2022	History	Ancient Civilizations	Noah: Father of all Nations	Noah was saved from the flood because of his righteousness. He became the father of all nations.	Obedience protects us.
6	Monday	10/3/2022	History	Ancient Civilizations	Nimrod and the Tower of Babel	Nimrod wanted God's blessing without following God's plan.	Pride stops us from receiving God's blessings. But if we seek the Lord, He can help us overcome pride.
6	Tuesday	10/4/2022	History	Ancient Civilizations	Abraham's Faith and Obedience	Abraham's obedience brought him blessings that bless his posterity even today.	You can do hard things through faith in the Lord Jesus Christ and His Atonement.
6	Wednesday	10/5/2022	History	Ancient Civilizations	Joseph's Unique Mission	Joseph's experiences and trials prepared him for his unique mission.	Our mission in life often includes trials. We can respond to our trials in a way that allows Heavenly Father to bless us and others.
6	Thursday	10/6/2022	History	Ancient Civilizations	Egypt Turns to Idolatry	For many years, the ancient Egyptians chose to practice idolatry.	Heavenly Father wants us to worship Him, the one true God.
		10/10-10/14	Fall Break				
7	Monday	10/17/2022	Science	Botany	Introduction to Botany	Botany is the study of plants. Plants have recognizable characteristics.	Heavenly Father created plants for our use and enjoyment.
7	Tuesday	10/18/2022	Science	Botany	Seeds	Plants begin life in a variety of ways. In order to germinate, they require certain conditions and often travel to a new location to find them.	We reap the character that we sow.
7	Wednesday	10/19/2022	Science	Botany	Roots	Roots bring water and nutrients to plants. They anchor plants into the ground, and some roots store food during the winter. Roots also prevent erosion by holding the soil in place.	When our faith is deeply rooted in the basic principles of the gospel, we are strong and immovable.
7	Thursday	10/20/2022	Science	Botany	Stems	Stems help plants live by transporting fluids throughout the plant; providing a place for the growth of leaves, flowers, and fruits; and keeping the plant upright and growing toward the sun.	Parents are the stems of families.

8	Monday	10/24/2022	Science	Botany	Identifying Leaves and Trees	When we look carefully at the leaves from a tree, using a key, we can identify the kind of tree we're looking at.	When we look carefully at thoughts and ideas, we can identify if they come from the Lord.
8	Tuesday	10/25/2022	Science	Botany	Photosynthesis	Leaves use energy from the sun, carbon dioxide from the air, and water and nutrients from the soil to create food for plants in a process called photosynthesis.	Jesus's light reaches down and touches everything on earth, both plants and animals. The light of Christ gives life and light to every person.
8	Wednesday	10/26/2022	Science	Botany	Flowers and Pollination	The main purpose of flowers is to create seeds, which a variety of animals help with through pollination. Both the pollinators and the plants benefit from pollination.	When we serve, both those who are served and those who serve are blessed.
8	Thursday	10/27/2022	Science	Botany	Fruit	Fruit grows around the seeds of all flowering plants.	Like the lifecycle of a flowering plant, God is the same yesterday, today, and forever. Because His character and His plan are consistent and predictable, we can trust Him.
9	Monday	10/31/2022	Growth	Health	Self-Esteem and Self-Image	Self-esteem is how we feel about ourselves, and self-image is how we see ourselves.	We are children of loving Heavenly Parents with a divine nature and destiny.
9	Tuesday	11/1/2022	Growth	Health	Goal Setting and Self-Mastery	Setting and following SMART goals can help us become the best versions of ourselves.	Repentance and progress help us become more like Jesus Christ and become the master of our spirits.
9	Wednesday	11/2/2022	Growth	Health	Bullying and Kindness	Recognizing signs of bullying can help us be champions for ourselves and for others.	When we love our neighbors and treat everyone with kindness, the Spirit will be with us.
9	Thursday	11/3/2022	Growth	Health	Sleep	Healthy sleep habits improve physical health, mental health, creativity, problem solving skills, and memory.	Sleeping early and arising early invigorates our bodies so that we can diligently serve the Lord.
10	Monday	11/7/2022	Growth	Health	Nutrition	Food gives our minds and bodies the energy it needs to learn and grow.	Just like our body needs food to survive, our spirit also needs to be fed through daily scripture study and prayer.
10	Tuesday	11/8/2022	Growth	Health	The Digestive System	The organs that make up the digestive system help us to break down our food into nutrients.	What we take into our mind and body can either strengthen us or harm our spirits.
10	Wednesday	11/9/2022	Growth	Health	Healing and Medicine	If used carefully, medicine, medical care, and a healthy lifestyle can help us heal from sickness and injury.	The atonement of Jesus Christ can help us forgive others, repent, and heal spiritually.
10	Thursday	11/10/2022	Growth	Health	The Misuse of Drugs	Misusing marijuana, medicinal drugs, and illegal drugs hurts our minds and bodies can lead to serious addictions.	The girdle of truth represents following the true laws of God, including the Word of Wisdom. The armor of God protects us and makes us strong.
11	Monday	11/14/2022	World Studies	Europe	Geography and Physical Features	Prominent physical features in Europe include the islands of Great Britain and Ireland, the English Channel, the Danube and Rhine Rivers, the Alps, and the Mediterranean Sea.	The living water is the gospel of Jesus Christ. We are surrounded by His love as we learn about Him and try to be more like him.

11	Tuesday	11/15/2022	World Studies	Europe	Cultural and Historical Landmarks	Some of the most famous and beautiful buildings in the world are in Europe. Important buildings and landmarks include Stonehenge, Big Ben, the Leaning Tower of Pisa, Schloss Neuschwanstein, the Louvre, and the Colosseum.	We can learn more about who we really are and what God expects of us in sacred places of worship.
11	Wednesday	11/16/2022	World Studies	Europe	Common and Traditional Clothing	While most Europeans dress in a modern style, many European ethnic groups still wear traditional clothing for special occasions which link them to their ancestors and culture.	Righteous family traditions connect generations together and make family events more meaningful.
11	Thursday	11/17/2022	World Studies	Europe	Common and Traditional Food	European food is centered around meat such as beef and lamb, dairy products, and starches such as bread, potatoes, and pasta. Slowing down and enjoying real, high-quality food with friends and family is an important tradition across Europe.	We should surround ourselves with the best books, media, influences, and people and stay away from things that are fake.
		11/21-11/25	Thanksgiving				
12	Monday	11/28/2022	World Studies	Europe	Games and Recreational Activities	Many children's games popular across the world such as hopscotch, leapfrog, hide-and-seek, and tag (which is called "tig" in the United Kingdom) originated in European countries.	Sharing our beliefs and values with others can bring joy to them and to us.
12	Tuesday	11/29/2022	World Studies	Europe	Agriculture and Industry	Europeans work in many different industries such as technology, education, agriculture, and healthcare, and they value a good work/life balance.	It is important to be diligent in our responsibilities and take time to enjoy wholesome recreational activities.
12	Wednesday	11/30/2022	World Studies	Europe	Daily Life for Children and Adults	Life in large European cities is fast paced and busy, but life in the European countryside is slower and more relaxed. Lifestyles vary considerably depending on the country and region.	When we take time to be still and hear God's voice, we will be strengthened and feel of His Spirit.
12	Thursday	12/1/2022	World Studies	Europe	Family Roles and Culture	Europeans often have small, close-knit families. Although Europe is becoming more secular, most European families still identify as Christian. Children are encouraged to get a good education and boys and girls have many opportunities as they grow up.	Knowledge is eternal, and the Lord has commanded us to get as much education as possible so that we can serve our families and communities.
13	Monday	12/5/2022	History	Rome & The New World	Augustine Takes Christianity to England	Augustine of Canterbury was a monk who, with the help of others, brought Christianity to the people in England.	"Be ye doers of the word, and not hearers only." (James 1:22)
13	Tuesday	12/6/2022	History	Rome & The New World	Alfred the Great	History shows us that one person can do immense good. Alfred was a great king because he was a great man who did many good works to help his people.	If we are patient and faithful, God can help us through our trials.
13	Wednesday	12/7/2022	History	Rome & The New World	William the Conqueror and the Battle of Hastings	The Battle of Hastings was an important moment in English history. It was the	Being united strengthens us. United families are strong families.

						beginning of French Norman rule in Britain.	
13	Thursday	12/8/2022	History	Rome & The New World	King John and the Magna Carta	King John was a wicked king who did not care about his people, but he gave his people a great gift in the year 1215—the Magna Carta, or Great Charter, an important document of freedom.	The Lord will bring about good even in times of wickedness.
14	Monday	12/12/2022	History	Rome & The New World	Joan of Arc	To accomplish her difficult mission, Joan of Arc had to work hard and remain faithful to her beliefs.	As you continue to try, you can learn to recognize the whisperings of the Holy Ghost.
14	Tuesday	12/13/2022	History	Rome & The New World	The Crusades	The Crusades began when Muslim nations refused to allow Jews and Christians to visit the Holy Land. The knowledge that Christian Crusaders brought back from the Holy Land helped to open the minds of European people. As they began to learn and act upon new ideas, the Renaissance began.	Visiting sacred places can strengthen our faith.
14	Wednesday	12/14/2022	History	Rome & The New World	Johannes Gutenberg and the Printing Press	Johannes Gutenberg took opportunities and overcame obstacles to invent the printing press—the greatest invention in the world.	God guided the invention of the printing press so His gospel could spread across the world.
14	Thursday	12/15/2022	History	Rome & The New World	A Scientific Awakening	The excitement during the Renaissance encouraged scientists to ask questions and seek for answers. Four important scientists of this time period were Copernicus, Galileo, Newton, and Kepler.	Just as the sun is in the center of the solar system, Jesus Christ—the Son of God—should be the center of our lives.
		12/19-12/30	Christmas				
15	Monday	1/2/2023	Science	Geology	Introduction to Geology	Geology is the study of the earth. The earth has layers.	God created a beautiful world for us to live in.
15	Tuesday	1/3/2023	Science	Geology	Our Giant Jigsaw Puzzle	Earth's crust is made of tectonic plates that are constantly moving because of convection. There are three types of plate boundaries: divergent, convergent, and transform.	Unlike our constantly changing world, we should be immovable in keeping God's commandments.
15	Wednesday	1/4/2023	Science	Geology	How Mountains Are Formed	There are several types of mountains. Mountains are classified based on how they are formed.	
15	Thursday	1/5/2023	Science	Geology	Landforms		
16	Monday	1/9/2023	Science	Geology	Lithosphere	The lithosphere of the earth is the land.	We can trust that no matter where we live, the land was perfectly created for our good.
16	Tuesday	1/10/2023	Science	Geology	Pacific Lithosphere	We can trust that no matter where we live, the land was perfectly created for our good.	Beautiful things like islands, talents, and testimonies take time to grow.

16	Wednesday	1/11/2023	Science	Geology	Volcanos and Geysers	A volcano is an opening in the earth's crust that allows molten rock, ash, and gases to escape from inside the earth. A geyser is an opening that releases steam and water. There are two main types of volcanoes, and both have similar parts. Although dangerous, volcanoes and geysers help the earth.	We can relieve the stress in our lives in healthy ways.
16	Thursday	1/12/2023	Science	Geology	Earthquakes and Tsunamis	Earthquakes occur when Earth's plates scrape against each other.	Faith and hope in Jesus Christ help us avoid fear.
17	Monday	1/16/2023	Martin Luther King Day				
17	Tuesday	1/17/2023	Growth	Defending the Constitution			
17	Wednesday	1/18/2023	Growth	Defending the Constitution			
17	Thursday	1/19/2023	Growth	Defending the Constitution			
17	Friday	1/20/2023	Growth	Defending the Constitution			
18	Monday	1/23/2023	Growth	Defending the Constitution			
18	Tuesday	1/24/2023	Growth	Defending the Constitution			
18	Wednesday	1/25/2023	Growth	Defending the Constitution			
18	Thursday	1/26/2023	Growth	Defending the Constitution			
19	Monday	1/30/2023	World Studies	North America	Geography and Physical Features		
19	Tuesday	1/31/2023	World Studies	North America	Cultural and Historical Landmarks		
19	Wednesday	2/1/2023	World Studies	North America	Common and Traditional Clothing		
19	Thursday	2/2/2023	World Studies	North America	Common and Traditional Food		
20	Monday	2/6/2023	World Studies	North America	Games and Recreational Activities		

20	Tuesday	2/7/2023	World Studies	North America	Agriculture and Industry		
20	Wednesday	2/8/2023	World Studies	North America	Daily Life for Children and Adults		
20	Thursday	2/9/2023	World Studies	North America	Family Roles and Culture		
21	Monday	2/13/2022	History	Revolution & Change	Prelude to the Restoration: Liberty or Captivity	Heavenly Father prepared the world for the Restoration of the gospel of Jesus Christ. The establishment of religious freedom in the United States was part of this preparation. The Lord could carry out His plan only in a land where the people had religious freedom.	True freedom comes from living the gospel of Jesus Christ. As we become free in our individual lives through living the gospel, we help bring greater liberty to our land.
21	Tuesday	2/14/2022	History	Revolution & Change	The French and Indian War	The French and Indian War helped unite the thirteen colonies. During this war, God preserved and prepared George Washington to lead the colonies in the Revolutionary War.	The Lord wants us to have our hearts knit together in unity and in love one towards another.
21	Wednesday	2/15/2022	History	Revolution & Change	Taxation and Resistance	Great Britain made the colonists pay heavy taxes to raise money to pay for the French and Indian War. The colonists were angry because the laws about taxes were made by a government that did not listen to them. The colonists resisted the laws Great Britain made because they had no representative voice in making the laws. Their resistance led to the Sons of Liberty, the Boston Massacre, the Boston Tea Party, home industries, and support through the churches for colonial freedom. All these events paved the way for the Revolutionary War.	When we love and respect other people, we listen to them.
21	Thursday	2/16/2022	History	Revolution & Change	Prelude to the Revolution	The tension between the American colonists and Great Britain finally became so bad that a battle took place at Lexington and Concord. This battle was the beginning of the American Revolutionary War. Paul Revere was a patriot who loved his family and his country. His famous midnight ride led to the first battle of the Revolutionary War.	God gives us gifts. We should use these gifts to serve others.
		2/20-2/24	Winter Break				
22	Monday	2/27/2023	History	Revolution & Change	The Declaration of Independence	John Adams, Thomas Jefferson, and Caesar Rodney played an important part in the creation of the Declaration of Independence, one of the most important freedom documents ever written.	Integrity is having the courage to act according to what you believe.

22	Tuesday	2/28/2023	History	Revolution & Change	Miracles of the Revolution	Because of the providential help of God, the colonist were able to continue fighting for freedom.	If we ask God for help in everything we do, our actions will be for the welfare of our souls.
22	Wednesday	3/1/2023	History	Revolution & Change	Patriots of the revolution	During the American Revolutionary War, brave men and women contributed to the fight for freedom and stood for the cause of liberty.	God can help us fight the good fight and endure to the end.
22	Thursday	3/2/2023	History	Revolution & Change	General George Washington and the End of the War	The British General Cornwallis surrendered at the Battle of Yorktown. This battle was the last major battle of the American Revolutionary War. General George Washington was a good leader because he was a good man.	A true leader serves others.
23	Monday	3/6/2023	Science	Anatomy	Introduction to Human Anatomy and the Body Systems	Human anatomy and physiology are the sciences that study the parts of the body and the jobs these parts perform to make the body function. Multiple body systems work together to make the human body function properly.	Our bodies are a wonderful gift from our heavenly parents and our earthly parents.
23	Tuesday	3/7/2023	Science	Anatomy	Skeletal System and Bones	The skeletal system consists of 206 bones that provide structure, support, movement, and protection to the body. Bones are rigid, living organs that repair themselves and produce blood for the body. Bones are connected at joints with ligaments and cartilage.	Heavenly Father and Jesus Christ have bodies made of flesh and bones.
23	Wednesday	3/8/2023	Science	Anatomy	Muscular System	The muscular system is made up of over 600 muscles. These muscles are either skeletal, smooth, or cardiac. The main purpose of muscles is to provide movement of and within the body. There are several major muscle groups in the body.	When two or more people work together, there is greater strength.
23	Thursday	3/9/2023	Science	Anatomy	Respiratory and Lungs	The respiratory system is comprised of several body parts responsible for exchanging gases in the body. Many conditions can change the way the lungs function.	We can keep our minds healthy and clean as we bring good thoughts in and send bad thoughts out.
24	Monday	3/13/2023	Science	Anatomy	Digestive System and Waste Removal	The digestive system is responsible for breaking down food and drinks into nutrients the body can use. The body creates waste. This waste must be removed so the body can be healthy. The body eliminates waste in three ways.	Our spirits are strong and healthy when they receive regular spiritual nourishment.
24	Tuesday	3/14/2023	Science	Anatomy	Circulatory System and Blood	The heart is a strong muscle that pumps blood throughout the body. The heart, blood vessels, and blood in the circulatory system deliver "goods" and remove "wastes" throughout the body.	Heavenly Father and Jesus deliver Their words to people throughout the world through prophets and apostles.

24	Wednesday	3/15/2023	Science	Anatomy	Endocrine System	The endocrine system is a collection of tiny glands in the body that produce and release chemicals called hormones. Hormones regulate essential functions in the body.	The Book of Mormon is an example of the truth that, "By small and simple things are great things brought to pass." (Alma 37:6)
24	Thursday	3/16/2023	Science	Anatomy	Nervous System	The nervous system is responsible for receiving and sending information throughout the body. This information helps us learn, grow, be safe, and be healthy. The brain is made of three main sections. Each section controls different functions in the body.	We can be messengers for Heavenly Father. We can deliver help to those in need.
25	Monday	3/20/2023	Growth				
25	Tuesday	3/21/2023	Growth				
25	Wednesday	3/22/2023	Growth				
25	Thursday	3/23/2023	Growth				
26	Monday	3/27/2023	Growth				
26	Tuesday	3/28/2023	Growth				
26	Wednesday	3/29/2023	Growth				
26	Thursday	3/30/2023	Growth				
		4/3-4/7	Spring Break				
27	Monday	4/10/2023	World Studies	Asia			
27	Tuesday	4/11/2023	World Studies	Asia			
27	Wednesday	4/12/2023	World Studies	Asia			
27	Thursday	4/13/2023	World Studies	Asia			

28	Monday	4/17/2023	World Studies	Pacific Islands			
28	Tuesday	4/18/2023	World Studies	Pacific Islands			
28	Wednesday	4/19/2023	World Studies	Pacific Islands			
28	Thursday	4/20/2023	World Studies	Pacific Islands			
29	Monday	4/24/2023	History	Modern Times	The Industrial Revolution: Three Causes	The Industrial Revolution began in the late 1700s and lasted through the early 1900s. It was caused by three changes—people invented machines, learned to harness the forces of nature, and created the large-scale factory system.	Many hands make light work, and we learn to love and serve each other as we work together.
29	Tuesday	4/25/2023	History	Modern Times	Reformers during the Industrial Revolution	During the Industrial Revolution, many good people worked to pass child labor laws, improve prison conditions, provide humane treatment for the mentally ill, and abolish slavery.	“Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me.” (Matthew 25:40)
29	Wednesday	4/26/2023	History	Modern Times	Europe Before WWI—A Contentious Continent	World War I had four major causes: militarism, nationalism, imperialism, and alliances.	Our strongest and safest alliance is the one we form with God.
29	Thursday	4/27/2023	History	Modern Times	Assassination of Archduke Ferdinand—WWI Begins	The assassination of Archduke Ferdinand of Austria-Hungary triggered the beginning of World War I—a terrible war that changed the world.	The Spirit of Christ can overcome division, hatred, and fear—bringing peace to all men.
30	Monday	5/1/2023	History	Modern Times	Treaty of Versailles—WWI Comes to an End	Although the United States was neutral at the beginning of World War I, German submarine attacks and negotiations with Mexico compelled them to join England, France, and Italy in fighting Germany. The fighting in World War I ended on November 11, 1918. The peace agreement, the Treaty of Versailles, punished Germany and changed the map of Europe.	We cannot remain neutral in the fight between good and evil. We must choose.
30	Tuesday	5/2/2023	History	Modern Times	Good and Bad of the Roaring Twenties	The years from 1920–1929 are known as the “Roaring Twenties.” This era brought many changes to the United States.	Getting out of debt and avoiding future debt is part of being self-reliant.
30	Wednesday	5/3/2023	History	Modern Times	The Great Depression	The collapse of the stock market in 1929 led to a decade of poverty called the Great Depression. Although most people during the Great Depression were able to live adequately, many people struggled to eat, find shelter, and work.	As we become more self-reliant, we are better able to help others.

30	Thursday	5/4/2023	History	Modern Times	Helping the Poor—A Welfare Programs	Franklin D. Roosevelt's New Deal was designed to help people in need.	The Lord wants us to help the poor in His way.
31	Monday	5/8/2023	Science	Physics	A Look at Energy	Energy is the capacity to do work, or to create movement. Energy comes in many forms and can be potential (stored) or kinetic (moving).	Like the five wise virgins, we can gather and store spiritual energy to use now and later.
31	Tuesday	5/9/2023	Science	Physics	Transforming and Transferring Energy	Energy can be transformed from one form of energy to another. Energy can be transferred from one object to another.	Conversion to the gospel transforms us, and then we can transfer what we have learned by sharing our faith with others.
31	Wednesday	5/10/2023	Science	Physics	Sound: A Form of Energy	Sound is energy that moves in waves. Sound waves must travel through a liquid, solid, or gas in order to create sound.	Among the countless sounds we hear each day, we need to learn to recognize the still, small voice of the Spirit.
31	Thursday	5/11/2023	Science	Physics	Radiant Energy	Radiant energy is another form of energy that travels in waves. The main source of radiant energy is the sun. Radiant energy waves vary in length along the electromagnetic spectrum. They provide energy that we use in many ways, including visible light.	Our time on Earth is a small section of the whole spectrum of our lives.
32	Monday	5/15/2023	Science	Physics	Properties of Light	Visible light is a combination of colored light of differing wavelengths. Light has consistent, predictable behaviors.	Disciples of Christ have consistent and predictable Christlike behaviors.
32	Tuesday	5/16/2023	Science	Physics	Energy from the Sun's Light	Electricity, in its static and current forms, is energy produced by the movement of electrons. The discovery of electricity and the ways to generate and use it have evolved over time.	There are many similarities between the influence of the sun in our lives and the influence of the Son of God.
32	Wednesday	5/17/2023	Science	Physics	Electricity: Static and Current Electrical Energy	Electricity, in its static and current forms, is energy produced by the movement of electrons. The discovery of electricity and the ways to generate and use it have evolved over time.	Living the gospel provides spiritual energy that lights our countenances.